

Online Resources:

- <https://www.youtube.com/@Blindonthemove/videos>
 - Mike is a Certified Orientation & Mobility Specialist (COMS). His website is <https://www.blindonthemove.com/>
- <https://www.youtube.com/@carrieonaccessibility/videos>
 - She is visually impaired & her husband is blind. She reviews and offers instruction on technology.
- <https://www.youtube.com/@theblindlife>
 - This guy is in his 40s, but was diagnosed with vision impairment at 11
- <https://descriptivevideoworks.com/how-to-access-audio-description-for-television/#:~:text=Many%20popular%20TV%20series%20have,several%20networks%2C%20including%20Saturday%20mornings>
 - This link describes audio description & how to turn it on
- <https://adp.acb.org/index.html>
 - This page has A LOT of info, but you can search by streaming service, channel, show or movie, etc
- <https://brailleinstitute.org/>
 - Based in California, but all workshops & classes are free and available to anyone
 - Over 50 workshops are available & do not need a referral
 - Classes are for people with low vision or blindness & *do* require a doctor's referral. Just let me know if you are interested.
- <https://www.bemyeyes.com/about>
 - You can use this link or just download the app to your phone. It is a free service that uses your camera to connect you to a volunteer who can help.
 - They are also working to incorporate AI

In-Person Options

** Will require a referral by your ophthalmologist, optician, or possibly PCP. Contact Karey if you need additional assistance.*

- Vision Loss Support Group – *no referral needed*
 - **First Tuesday of the Month, 1-3 pm**, 274 E First Ave, Columbus OH 43201 (State Library of Ohio)
 - Registration is not required and there is no cost. New participants are encouraged to confirm details with Mike Pitroff.
 - mike.pitroff@ftsjobs4u.com
 - Provided through Functional Training Services
- OSU Assistive Technology Clinic*
 - Located at Martha Morehouse
 - Requires a doctor's referral & will be billed to your insurance – you will likely have a co-pay
 - Meet with an Occupational Therapists &/engineer to learn more about adaptive technologies (ie settings in your smart phone, gaming system options, smart speakers, etc)
- The Sight Center of Toledo*
 - They have a Certified Orientation & Mobility Specialist (COMS)/Certified Vision Rehabilitation Therapist (CVRT) who will meet with people in Franklin County.
 - Can help with navigating through your home & community in safer ways
 - Usually bills through OOD (Opportunities for Ohioans with Disabilities) and BSVI (Bureau of Services for the Visually Impaired), but may also be able to use grants for billing.
- BSVI (part of OOD)
 - Helps people get or keep employment by providing support & (sometimes) payment for accommodations
 - You can refer yourself
 - Services are paid for through federal grants & state funds
- ILOB (part of OOD)*
 - Must be over 55 years old & unable (or incredibly hard) to work
 - Be able to benefit from services to obtain or maintain living independently. Services will be provided in the home.

