Helping Ohioans Enjoy Good Sight for Life!

Protect Your Sight
To make sure your vision remains healthy for as long as possible:
▪ Exercise;
▪ Do not smoke;
▪ Wear sunglasses;
▪ Have a regular eye exam by an eye care professional; and
▪ Eat a healthy diet as recommended by your doctor.

Many eye diseases, including those associated with diabetes, do not exhibit any initial symptoms before permanent vision loss can occur. An eye exam with pupil dilation is the best defense against undetected eye disease.

Eye Care Resources
Learn about statewide resources to help you connect to an eye doctor, prescription assistance, rehabilitation services, educational materials and low or no-cost eye exams.

Ohio’s Aging Eye Public Private Partnership (AEPPPP)
Ohio’s Aging Eye Public Private Partnership is a statewide collaborative effort formed to respond to the growth of aging eye challenges in Ohio. Supported by the Ohio Department of Aging, the AEPPPP works to develop a strategic plan of action to address issues relating to vision care policy, vision care services, vision education and vision research that impact the quality of life for Ohio’s seniors now and in the future.

Vision Problems are Growing
Half of all blindness can be prevented, but the number of Ohioans who suffer vision loss continues to increase. Because of growth in the aging population, there will be more than 2.5 million Ohioans affected by vision-robbing conditions by 2030. The primary causes are diabetic retinopathy, cataract, glaucoma and age-related macular degeneration (AMD).

Approximately 15 percent of Ohioans age 40 and older have some measure of difficulty recognizing a friend across the street; 19.6 percent have not had an eye exam in the last two years.

Professional Eye Care
Contact the following organizations to find an eye care professional:
Ohio Ophthalmological Society
614-527-6799 or www.ohioeye.org
Ohio Optometric Association
614-781-0708 or 800-874-9111 www.ooa.org

Reduced Cost Eye Exams, Care, Glasses and Vision Aids - Contact the following organizations to see if you qualify for free or reduced cost eye exams, glasses or surgical care:
Prevent Blindness
800-301-2020 or www.pbohio.org
Vision USA - American Optometric Association
800-365-2219 ext. 4200 or www.aoa.org/visionusa.xml
EyeCare America
877-887-6327 or www.eyecareamerica.org
Ohio Lions Club
614-539-5060 or www.ohiolions.org
There are nearly two million Ohioans at risk for visual impairment and blindness. With the aging baby boomer population, the numbers will continue to climb upward. The impact of vision loss on the individual, his or her family, the public health system and the State of Ohio is a significant public health concern.